

## How to Travel Your CPAP Machine

Traveling with your CPAP Machine can be easy if you plan ahead.

Here is what you will need:

- Letter from your doctor called a “**statement of medical necessity**” and a **copy of your CPAP prescription**
- **adapter wall plug(s)** for the countries you will be visiting
- an extra long **extension cord** for use in hotels
- a **large, clear plastic bag** - large enough for your CPAP machine to fit inside
- your **CPAP in its traveling case**

### HOW MANY CARRY-ON'S

Airlines limit travelers to one carry-on bag and one personal bag such as a purse or briefcase; however, this does not apply to those carrying medical devices such as the CPAP.

**You will be allowed the following:**

- **one carry-on bag**
- **one personal bag** such as a purse or briefcase
- **your CPAP in its travel case**

### DOCTOR'S STATEMENT of MEDICAL NECESSITY

Ask your doctor for 1) a “**statement of medical necessity**” outlining the reason you travel with a CPAP machine and 2) a **copy of your CPAP prescription**.

When traveling internationally, these two documents can help you move quickly through security and customs. In addition, your prescription may help you acquire a new machine or replacement parts if your CPAP breaks.

### HOW TO GET THROUGH U.S. AIRPORT SECURITY

When you go through airport security, pull your CPAP machine from its carrying case. To keep it clean, **place it in the large, clear plastic bag you brought before putting it into the bin to be x-rayed**. Your facemask and tubing can remain in the carrying case as it goes through the x-ray machine.

After it has been x-rayed, your CPAP machine will be hand inspected.

Ask the Inspector to:

- **change gloves before taking the machine out of the bag**
- **clean the table where the inspection will take place**
- **change the Explosive Travel Detection or ETD sampling media**

These steps will protect your CPAP's cleanliness, but you have to ask the inspector to take these steps; he or she will not automatically do these things.

**Show the other side of this sheet to the inspector of help explain your needs.**

We hope this information has been helpful.

Thank you for traveling with Noseworthy Travel Services

For more information, visit

<http://www.tsa.gov/travelers/airtravel/specialneeds/index.shtm>.



Transportation  
Security  
Administration

## A CPAP is classified as Medical Respiratory-Related Equipment

### How To Protect the Cleanliness of a CPAP

After a CPAP has been x-rayed, it must be hand inspected.

TSA Inspectors can protect the cleanliness of my CPAP by:

- 1) **changing gloves** before touching the machine
- 2) **cleaning the table** where the inspection will take place
- 3) **changing the Explosive Travel Detection (ETD) sampling media**

**Thank you for protecting the  
safety of our skies and  
the cleanliness of my CPAP!**